

## Release of Information

Client Name: \_\_\_\_\_ DOB: \_\_\_\_\_ I authorize  
Milestone Counseling, Inc. (GKramer, LLC, and Denise Oehrlein, LLC), at 3333 West Division St. Suite 119 St. Cloud, MN 56301 to:

☐ Obtain information from ☐ Disclose information to ☐ Exchange information with  
Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

- |   |   |
|---|---|
| <input type="checkbox"/> Psychiatric/Psychological assessment                       | <input type="checkbox"/> Psychological testing                    |
| <input type="checkbox"/> Diagnosis  | <input type="checkbox"/> Discharge summary                        |
| <input type="checkbox"/> Progress notes   | <input type="checkbox"/> Summary of treatment contacts            |
| <input type="checkbox"/> Treatment plan   | <input type="checkbox"/> School records                           |
| <input type="checkbox"/> Medical reports  | <input type="checkbox"/> Entire record, except psychotherapy note |
| <input type="checkbox"/> Chemical dependency treatment                              | <input type="checkbox"/> Dates of treatment                       |
| <input type="checkbox"/> Diagnostic Assessment/ARMHS Diagnostic Assessment Addendum |   |
| <input type="checkbox"/> All mental health information (Dates of Service _____)     |   |
| <input type="checkbox"/> Other (specify) _____                                      |   |

The above information will be used for the following purposes:

- |  |   |
|--|---|
| <input type="checkbox"/> Planning appropriate treatment or program   |   |
| <input type="checkbox"/> Continuing appropriate treatment or program | <input type="checkbox"/> At the request of the individual |
| <input type="checkbox"/> Case review and consultation                | <input type="checkbox"/> Other (specify) _____            |

- ☐ This authorization shall remain in effect until the episode of care ends.
- ☐ This authorization shall remain in effect for one year from the date signed below
- ☐ This authorization ends in less than one year Date of expiration is \_\_\_\_\_

Dates of service requested:

- ☐ Complete ☐ Present episode of care ☐ Past seven years of medical records

I understand that this information may be protected by Title 42 (Code of Federal Rules or Privacy of Individually Identifiable Health Information, Parts 160 and 164) and Title 45 (Federal Rules of Confidentiality of Alcohol and Drug Abuse Patient Records, Chapter 1, Part 2), plus applicable state laws. I further understand the information disclosed to the recipient may not be protected under these guidelines if they are not a health care provider covered by state or federal rules.

I understand that this information is voluntary, and I may revoke this consent at any time by providing written notice. I have been informed what information will be given, its purpose, and who will receive the information. I understand that I have a right to refuse to sign this authorization.

If you are the legal guardian or representative appointed by the court for the client, please attach a copy of this authorization to receive this protected health information.

A photocopy is as valid as the original copy bearing my signature.

Client's signature \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent/guardian/personal representative (if applicable)

Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Relationship to Minor: \_\_\_\_\_